

A TAINTED BREATH.

WHAT CAUSES IT AND HOW IT SHOULD BE TREATED.

The Trouble Is the Result of Decomposition Along the Respiratory Tract, and the Remedy Is Pure Living, Pure Bacteria and Cleanliness.

Any one infected with bad breath, instead of using disinfectant washes or gargles, should try to discover the cause of the bad breath. It is almost ridiculous to keep using disinfectants while the cause of the factor continues to operate. Suppose any one were to notice a bad smell in the back yard. Instead of finding out exactly what the cause of the bad smell is, he would simply throw a disinfectant around, or deodorizer, in order to stop or disguise the smell. Such a procedure would be silly indeed. No one but a sanitary officer would do such a thing.

A bad breath indicates some decomposition going on somewhere in the respiratory tract. It may be a hollow tooth filled with decomposing material, or the teeth may be so jammed together as to inclose portions of the food, which ferment and fill the mouth with noxious gases.

The trouble may be in the posterior nares. One or both nostrils may be clogged up. This leaves an unventilated space just back of the nostril, in the upper portion of the throat. The want of ventilation allows the mucus to accumulate and decompose, which forms a very fetid gas.

Or, again, the trouble may be caused by enlarged tonsils. These sometimes assume a globular form, retain mucus, and secrete a noxious odor. Again, mucus collects behind and above an enlarged tonsil, where it is sure to decompose and cause bad breath.

Any portion of the respiratory tract from the throat to the lungs may be the seat of the difficulty. The mucous surface is liable to catarrh, and the catarrh breeds the mucus membranes here and there, forming superficial ulcers, which furnish a continuous effluvia to the breath. Like little volcanoes, they pour out their eruptions of noxious gases day and night to contaminate the breath.

The stomach has often been accused of being the cause of bad breath, but the fact is the stomach rarely is the cause of a bad breath. The breath does not enter the stomach. Respiration has little or nothing to do with the stomach. Breath is simply the act of drawing the air into the lungs and expelling it again.

The fetor of bad breath sometimes originates in the lungs and is the result of a deranged condition of the whole system. The blood, being surcharged with foul gases and decomposing material, gives off these gases at each respiration. This is why the breath of a person who drinks liquor will become tainted with the smell of the liquor. At first the breath smells of the liquor simply because the cause in passing through the mouth and throat some of it adheres to the mucous surfaces. If any one were to rinse out the mouth with liquor, the breath would smell for a short time, but only for a short time. With the drinker the case is different. The liquor having passed into his stomach, it is absorbed into the blood, and the blood it reaches the lungs, and with each respiration from the lungs a portion of the fumes from the liquor are given off with the breath. This illustrates how a bad condition of the blood can taint the breath.

Undoubtedly onions and many other aromatic substances find their way out of the system through the breath. In this way a bad stomach may taint the breath. This is why a bad stomach means bad breath. Bad digestion produces bad quality of blood. The blood, circulating through the lungs, gives off bad odors, which find their way into the breath. In this roundabout way the stomach may cause bad breath, but as a rule the cause of bad breath can be found either at hand—either in the teeth, posterior nares, tonsils, throat or bronchial tubes.

Instead of using mouth washes or perfumes of any sort to cure a bad breath, a person ought to have the cause of the bad breath discovered. Unfortunately it would be of little or no use to such a person to call on a doctor or a dentist about such things. He is simply engaged in prescribing drugs and spends very little time in ferreting out causes or removing obnoxious ailments by harmless and rational methods. In these matters every person must use his own common sense and try to be his own doctor.

No one should be content to allow a bad breath to continue. It is very unhealthful and is very obnoxious to other people. Every man and woman is entitled to a sweet breath, and with a little care and judgment this can be had. But so long as any one continues to take drugs or use narcotics to any extent he cannot hope to have a perfectly sweet breath. A pure breath comes from pure living, pure habits and the continuous practice of absolute cleanliness. The toothbrush and cold water should be used thoroughly once a day. Gargling the throat should immediately follow. The nostrils should be kept clear; deep breathing practiced. These things alone will do very much toward insuring the possession of a sweet breath.—Medical Talk.

A Confession.—Mrs. Hatterson—Do you think it proper to bow to a man in a club window?

Mrs. Catterson—That depends. It's the only chance I have to recognize my husband.—Harper's Bazar.

Mercy turns her back to the unmerciful.—Quarles.

Hysteria in Dogs.

Nerves are the disease of the present day among human beings, but I did not know till recently that hysteria is also a malady of dogs. A friend of mine owned a dog which suddenly one day was seized with an attack of nerves. Since then it has been very ill, wandering incessantly round and round the room, refusing food, but still recognizing its owner. Another little dog suffered from hysteria in consequence of fright from railway traveling, and it really seems as though civilization, in rendering dogs more delicate and more susceptible, had done them a distinct physical injury.—London Graphic.

A TRICK WITH CARDS.

One of the Curious Combinations That May Be Effected.

Of the many curious things which may be done with a pack of fifty-two cards, perhaps the most interesting is the "trick" of an entire suit. To do this take the thirteen cards of any suit, place them face up and arrange them in this manner: Nine, 6, 3, Jack, 10, 5, 7, 2, King, 8, 1, 4, Queen.

Now turn them over so that they are face down with the Queen on top. Take the top card and place it underneath the pack and say "O." Place the next card underneath the pack in the same way and say "N," and the next card turn face up on the table, saying "E"—one. Leaving "E" face up, place the next top card underneath the pack, saying "T," the next the same way, saying "W," and the next lay face up on the table, saying "O"—two—and so on through the suit.

Remember, when you lay out the last letter of a card to lay that card face up on the table, leaving it there. When you have laid out the 10 spot, you continue by spelling out J-a-c-k and Q-u-e-e-n.

Of course, after you have laid the deck out you have only two cards left, but continue as before and the Queen will come out, leaving only the King in your hand, which, of course, you lay out on the others, compelling the suit.

Could Not Wait.—Some years back there was an old justice of the peace in Lancaster county whose temperance caused him to have little patience with the lengthy trials at which he occasionally presided. One day there was a suit brought before him in which two young lawyers but lately admitted to the bar were pitted against each other. The latter, mindful of the prestige which a victory for either side would mean, were examining the witnesses at great length and consuming time. It was a great deal of unnecessary time. Finally the testimony of the last witness was concluded, and the one attorney began to argue his side of the case. Just as he was warming up the judge finished the calculation he had been making on a small piece of paper and, getting up from the bench said coolly:

"Young man, you can go right on with your arguments. I'll be back pretty soon. The judgment is \$50.—Philadelphia Ledger.

Origin of "Budget."—It is difficult to realize that the term "budget" now so often in every one's mouth, is a term less than 200 years old, the earliest mention of the word dating no further back than 1735. We borrowed it from the old French language—bougette, meaning a small bag, in which in former times it was the custom to put the estimates of receipts and expenditures when presented to parliament, hence the chancellor of the exchequer, in making his annual statement was formerly said to open his budget. In time the term passed from the receptacle to the contents, and, curiously, this new signification was retained from this country to France, where it was first used in an official manner in the early part of the nineteenth century.—London Chronicle.

Seeds and Skins of Small Fruits.—There are many people who cannot eat small fruits on account of the seeds and skins, because they prove so irritating to the stomach. In all such cases the fruit should be thoroughly ripe, then press it through a small wire sieve or strain through a thin cloth then you get all there is of use—the liquid. Blue and other berries with tough skins may be cooked a little to start the juice, then strain and get rid of seeds and skins. Never put waste into a delicate stomach when possible to avoid it. Cherry stones and grape seeds are a menace to health, and children should be taught how to neatly reject them.—Physical Culture.

Throwing the Dart.—Throwing the dart is a picturesque custom which is observed in Cork, Ireland. Every third year the chief magistrate proceeds to the mouth of Cork harbor in full state. Following immemorial custom, he throws a dart into the sea—a dart with a head of gold and a shaft of mahogany—saying, "I cast this javelin into the sea and declare that as far around as it falls extend the right and ancient jurisdiction of corporation of Cork to and over the harbor as well as the rivers, creeks and bays within the same."

POSTAL ODDITIES.

With one exception there has been a deficit in postal revenues every year since 1885.

Thousands of letters are mailed every day without the vestige of an address to indicate for whom they are intended.

Mill matter of any kind addressed in a vague and indefinite way, such as to "the most prominent physician," etc., is not deliverable.

Benjamin Franklin, first postmaster general, boasted that under his administration all the cities of the country had been provided with a weekly mail.

One may mail a letter destined for foreign parts without prepayment of postage. It will go forward to destination, and the recipient will be required to pay double rates for the privilege of sending it if he values it sufficiently.

At the Chicago post office a record is kept of the different ways of spelling the name of that city on mail addresses. At last accounts 280 varieties had been tabulated. Among the less intricate of these were Zizael, Jajjago, Hiplio, Jajjlo and Chaclicho.

Work Done While Asleep.

Cubans tell us that Franklin on several occasions mentioned to him that he had been assisted by dreams in the conduct of affairs in which he was engaged.

"Condillac states that while writing his 'Course of Studies' he was frequently obliged to leave a chapter incomplete and retire to bed, and on awakening he found it, on more than one occasion, finished in his head.

The most remarkable testimony of this kind is perhaps that of Sir Thomas Browne, who declared that, if it were possible, he would prefer to carry on his studies in his dreams, so much more efficient were his faculties of mind when his body was asleep.



Growing Old

Ought not to mean growing weak and feeble. It does not mean weakness or feebleness for those who eat with good appetite and sound digestion. It is of the utmost importance that old people should retain the power to digest and assimilate food which is the sole source of physical strength. When age brings feebleness it is generally because of the failure to assimilate the nutrition contained in food.

Dr. Pierce's Golden Medical Discovery cures diseases of the stomach and other organs of digestion and enables the perfect digestion and assimilation of food. It invigorates the liver and promotes general physical well-being.

"It is with gratitude we acknowledge what Dr. Pierce's medicine has done for grandmothers. In fact it has cured her," writes Miss Carrie Rafter, of Perryburg, Ohio. "She had suffered with several physicians but found no relief until Dr. Pierce advised her what to do. She has taken only two bottles of Golden Medical Discovery and is entirely well. She suffered with pain in kidneys, bladder and liver for ten years and her limbs were swollen with dropsy so she could hardly walk. My grandmother's name is Mrs. Caroline Rafter, now 71 years old. I will gladly answer all letters of inquiry."

Sick people are invited to consult Dr. R. V. Pierce by letter, free. All correspondence is held as strictly private and sacredly confidential. Dr. Pierce's Pleasant Pellets regulate the bowels.

THE ALGONQUIN SHOE

FOR MEN AND WOMEN

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A Weeping Tree.
A species of tree found in Oregon, Washington, Montana and British Columbia continually drips pure and clear water from the ends of its leaves and branches. The tree is a species of fir. The "weeping" is attributed to a remarkable power of condensation peculiar to the leaves and bark. The tree drips as copiously on bright and clear as on cloudy days.

Cardinal Shakes and Others.
"When you have money," says the Manayunk philosopher, "there are men who will shake you effusively by the hand, and when it's gone they will shake you altogether."—Philadelphia Record.

In a Nutsell.
"Success" is spelled with seven letters. Of the seven only one is found in "fame" and one in "money," but three are found in "happiness."—New York World.

All Shell and No Kernel.
Charley—My friends tell me that I have all the eccentricities of genius. Beatrice—What a pity it is, Charley, that you have not got the genius itself!

Distinct Relatives.
"I have only the most distant relatives."
"Has the family died out?"
"No. They have all become rich."

Closson & Smith, Paper Hangers

No. 507 Bath Street, NEXT DOOR TO HOTEL CLOSSON.

ESTIMATES GIVEN ON CONTRACT WORK.

WINDOW SHADES

MADE TO ORDER.

Ask Druggist for 10 Cent Trial Size

Bl's Cream Balm

Gives Relief at once

COLD IN HEAD

It cleanses, soothes and heals the diseased membrane. It cures catarrh and drives away a cold in the head quickly. It is absorbed. Heals and protects the membrane. Restores the sense of taste and smell. Full size 50c. Trial size 10c. 4c. Druggists or by mail. ELY BROTHERS, 56 Warren Street, New York.

For Piles.

Sample mailed free.

One application gives relief.

The continued use of Humphreys' Witch Hazel Oil permanently cures Piles or Hemorrhoids—External or Internal, Blind or Bleeding, Itching or Burning, Fissures and Fistulas. Relief immediate—cure certain. Three Sizes, 25c., 50c. and \$1.00. Sold by Druggists, or sent prepaid on receipt of price. Humphreys' Medicine Co., Cor. William and John Sts., New York.

NERVOUS DEBILITY,

Vital Weakness and Prostration from overwork and other causes. Humphreys' Homeopathic Specific No. 28, in use over 40 years, the only successful remedy. \$1 per vial, or special package for serious cases, \$5. Sold by Druggists, or sent prepaid on receipt of price. Humphreys' Medicine Co., Cor. William and John Sts., New York.

CHARLES H. ANCKER,

109 Cedar St., Bristol.

ZIESEL BROS.

Fancy Cake Bakers

304 MILL STREET

Ice Cream Parlors

The Best Ice Cream in Town.

We make a specialty of our

Cream Loaf, 5 Cents

ZIESEL BROS.

304 Mill Street.

NOTICE.

To the Taxpayers of Bucks County.

In pursuance of an Act of Assembly, entitled "An Act relating to the collection of STATE and COUNTY TAXES in the county of Bucks, approved March 21, 1892, and also for the collection of DOGS TAX, the County Treasurer will meet the taxpayers and county at the following times and places, to receive the taxes assessed for the present year 1903:

DOYLESTOWN BOROUGH. At the Treasurer's Office, Doylestown, Bucks county until August 21st, 1903. Will be at the above named place from 9 o'clock a. m. until 5 o'clock p. m. (except where different time is specified on bill, and on Saturdays, when the office will be from 9 o'clock a. m. to 3 o'clock p. m.) Important correspondence to insure attention must be accompanied by postage for reply, and in all cases the district wherein the property is located must be definitely given. Communications with money for taxes will not be received at the Treasurer's Office after August 21st.

Five per cent. added to State Tax not paid by August 1st.

In pursuance to instructions received by me from the Auditor General, stockholders and others will please take notice, that all Mercantile License not paid to me by July 1st will be placed in the hands of a Justice of the Peace to be collected according to law.

CHAS. G. KNIGHT, County Treasurer.

MILLINERY

Straw, made Hats, in all the latest shapes, in hand, made and shipped. Children's Hats and the new Hat Suits, Furs and Furrows, straw hats, set covers, ribbons, lace, veils and all the new ideas in trimmings.

MRS. S. E. COOKE, 301 Cedar St., Bristol, Pa.

Force

The Body-to-Serve Cereal

for doctor and patient.

Has Eaten Three Cases.

"I was attacked last May by appendicitis. An ichthylous sign of recovery doctor and I began to eat around for a suitable diet and as a result we fell upon 'Force,' which has been a wonderful boon to me. I have eaten almost three cases. H. H. MILLER"

W-9

Peoples National Bank

OF LANGHORNE, PA.



SOLICITS YOUR BUSINESS. Pays interest on certificate of deposit at \$100.00 and over, 3 per cent. per annum, payable on demand, or 3 per cent. per annum if left one year.

SAFE DEPOSIT BOXES

for rent in our new Modern Burglar and Fire proof Steel Vault, at \$4.00 per box and upwards. Boxes can be opened only by renter or by his appointed representative. We will also receive for storage bulky valuables, jewelry, plate and documents at small charge. We will attend to filling orders for stocks, bonds and other securities without charge. For further particulars call on our resident director.

DR. ABRAHAM S. WILSON, Bristol, Pa.

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HENRY C. PARRY, President
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COAL PRICES

on and after JULY 6th will be as follows:

STOVE, CHESTNUT AND EGG:

Gross Ton, \$6.75; 2000 lbs., \$6.15

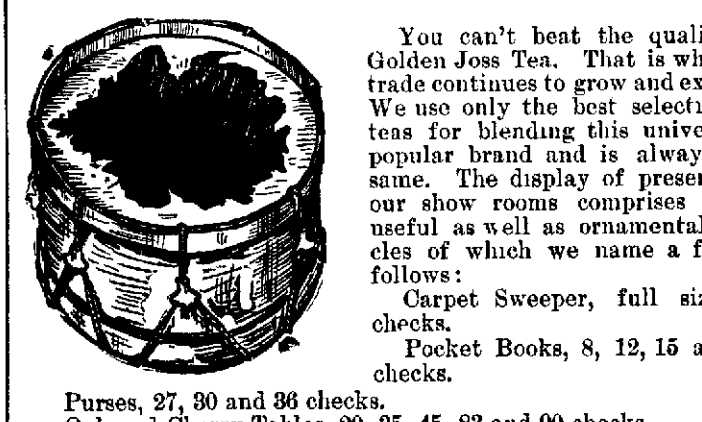
PEA COAL:

Gross Ton, \$5.00; 2000 lbs., \$4.50

PEIRCE & WILLIAMS,

CANAL AND DORRANCE STS., BRISTOL.

TRENTON'S GREATEST GIFT-GIVERS.



You can't beat the quality of Golden Joss Tea. That is why our trade continues to grow and expand. We use only the best selection of teas for blending this universally popular brand and is always the same. The display of presents at our show rooms comprises many useful as well as ornamental articles of which we name a few as follows:

Carpet Sweeper, full size, 50 checks.

Pocket Books, 8, 12, 15 and 20 checks.

Purses, 27, 30 and 33 checks.

Oak and Cherry Tables, 20, 35, 45, 83 and 90 checks.

Oak Folding Card Tables, 60 checks.

Folding Cutting Table for dressmaking, 41 checks.

Beautiful Imported Bisque Figures, 16, 30, 50, 60 and 70 checks.

Bisque Vases, decorated, 4, 8, 12 and 15 checks.

Our Specialties are Sold by all

Retail Grocers.

VISIT OUR SHOW-ROOMS.

Muschert, Reeves & Co.,

STOCKTON AND HANOVER STS., TRENTON.

LEWIS J. BEVAN

DEALER IN

Stoves, Furnaces, Ranges,

House Furnishing Goods.

Now is the proper time to invest in a first-class Gasoline Stove. Tin Roofing a Specialty. Custom work done in tin, sheet-iron, copper and zinc. Jobbing and repairing in all its branches attended to promptly. Stove repairs of all kinds.

NO. 10 MILL STREET, BRISTOL, PA.

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Capital, \$100,000.00

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Allows 3 Per Cent. on deposits of any amount exceeding \$5.00.

Acts as Executor, Administrator, Trustee, Etc. for the faithful performance of which the entire resources of the Company are pledged.

RENTS SAFE DEPOSIT BOXES. receives valuables on storage, executes trusts of all kinds receives and keeps wills without charge.

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HOWARD FLANDERS, Solicitor.

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HOWARD FLANDERS, Burlington,
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W. E. HALL, Burlington,
JOHN P. HATHORN, Burlington,
Director of the National Bank of New York,
HENRY J. IRICK, Burlington,
Director of the National Bank of New York.

THE BURLINGTON AND BRISTOL STEAMSHIP CO.

Schedule in effect June 27, 1903.

Leave Bristol for Philadelphia, (Broad St.), \$2.45, 6.35, 8.45, 10.55, 12.55, 2.45, 4.55, 6.55, 8.55, 10.55, 12.55.

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Leave Bristol for New York, (105, 8.45, 10.55, 12.55, 2.45, 4.55, 6.55, 8.55, 10.55, 12.55).

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